



THE ROYAL HOSPITAL DONNYBROOK

General Hospital Information

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1. Welcome

The Royal Hospital Donnybrook (RHD) is the oldest hospital of its type in Ireland. It was established in inner city Dublin in 1743 and moved to its current location of Donnybrook, in 1804. Set in 13 acres of grounds, the hospital provides rehabilitation services, continuing care and respite to adults of all ages. The hospital is an independent, voluntary, charitable organisation. Services are provided on a not-for-profit basis.

The aim of this leaflet is to provide you with general and useful information on The Royal Hospital Donnybrook. You should read this leaflet along with the information leaflet specific to your unit.

2. Visiting

You should always find us welcoming and accommodating. In general, visitors are welcomed at any reasonable time but some areas, such as the rehabilitation units, have more restricted visiting (see local notices for details). We do ask that all visitors avoid meal times and therapy sessions. The main hospital doors are closed from 21:00 to 07:00; however, a security person is available to greet visitors after hours.

3. Coffee shop

The bright and welcoming Coffee Shop is located on the ground floor. It is open

- Monday – Friday: 09:45 to 16:45

- Saturday, Sunday, Bank Holidays: 11:45 to 16:45.

The shop sells teas, coffees, minerals, confectionery and sandwiches. Greeting cards and mobile phone credit are also available.

4.0 Smoking

The hospital operates a NO SMOKING POLICY. There are a number of smoking shelters within the grounds which we ask smokers to use. It is a requirement of the hospital that if you smoke you be assessed by a member of the multidisciplinary team to ensure that you remain as safe as possible while smoking. A fire retardant lap blanket will be provided for you to maintain your safety while you are smoking. As nursing care is a priority on the unit, staff are not obliged to accompany you out to smoke; we would ask you to ask your relatives/friends to accompany you.

5. Fire safety

We ask that you and your family/carers familiarise yourselves with the procedure in the event of a fire or fire alarm sounding. Fire instructions for patients and family/carers are posted on walls in numerous locations.

6. Television

Most bed spaces or rooms are wired for cable television. Unfortunately, we cannot accommodate individual televisions in some units. These areas have communal televisions, available until 22:00 each evening. Please be considerate of other patients when using

these televisions. Earphones must be used by patients watching their individual televisions to ensure the comfort of everyone on the unit.

7. Social Activities

Regular social activities are organised by the Activities Co-ordinator and the recreational assistants and you are welcome to attend.

Watch out for posters announcing additional day and evening events.

8. Volunteers

The hospital is fortunate to enjoy the support of almost 100 volunteers and young people from different schools in Dublin. These volunteers are a link with the community and provide a valued contribution that complements and enhances the care given by staff members. Their activities are as varied as the volunteers themselves and can include shopping, chatting, reading the newspapers, taking patients and residents for walks, escorting an organised activity or bringing someone to the coffee shop.

In whatever capacity our volunteers are involved, they can be assured that the sharing of their time is appreciated by residents and staff members. If you have any special requests or need further information you may contact the Volunteer Coordinator at extension 675.

9. Religious services

Catholic Mass for residents is held in the Concert Hall four times a week: Sundays at 10:30, Mondays, Wednesdays and Fridays at

10:00. Holy Communion is distributed in the wards for those who are unable to attend services. Church of Ireland services are held every Friday at 11:30 in the Concert Hall.

If you need assistance to attend a service, please let a member of staff know; they will try to arrange for a porter or volunteer to bring you. Religious leaders from other faiths are welcome in the hospital. Contact the Pastoral Care Department on extension 653 if you need assistance in this respect.

10. Prayer room

A multi-denominational room is provided adjacent to the main concourse of the hospital. This provides a quiet and reflective space and is open to all.

11. Hairdressing

A hairdresser visits the units regularly. If you wish to avail of this service, please speak to a member of staff. Please note that you are required to pay the hairdresser directly.

12. Telephones

There are a limited number of coin and card payphones available in the hospital. You are welcome to use your mobile phones and charge batteries but we do request that the phones are switched off at night, during therapy sessions and during medical ward rounds. Chargers should be unplugged when not in use. Credit top-ups are available

from the coffee shop. The use of camera phones is not permitted on units or therapy areas.

13. Post

There is a mail box for out-going mail at Reception. Letters will be delivered to you if they are sent to:

Your name.

c/o your Unit,

The Royal Hospital Donnybrook,

Morehampton Road, Dublin 4.

14. Email

Messages can be received via info@rhd.ie with “your name” and “your unit” in the subject line. These will be delivered to you and we will be pleased to assist you in sending a response. Access to an internet computer with email and other internet facilities is available in the computer room just off the main concourse. Contact staff if you require assistance.

15. Transport

The hospital has a number of mini-coaches which provide transport for patients and residents. Where possible, we facilitate social visits outside the hospital but hospital appointments are prioritised. We also have a vehicle that can accommodate a wheelchair user which may be borrowed by family/carers following an orientation procedure.

Drivers need to be aged 25 to 70 and have a full, clean, ordinary driving licence. Enquiries can be made to unit staff.

16. Friends of The Royal Hospital Donnybrook

The Friends of the hospital raise funds to help with service developments, research, education and social events for residents and patients. Information on the Friends is included in your information pack.

17. Donations

The hospital partly relies on donations to meet its costs and these are always welcome. Please note, however, that **staff are not permitted, under any circumstances, to individually seek or accept money for themselves** from patients, residents or their carers. Donations may be made:

- To the hospital
- To a department or ward within the hospital
- To the Friends of The Royal Hospital Donnybrook

18. Finally.....

We hope that we have covered everything. However, if there is other information you require, please do not hesitate to ask any member of staff and they will be delighted to help.

Telephone numbers

The Royal Hospital Donnybrook main reception.....	4066600
Phoenix Unit.....	4066650
Stroke Rehabilitation Unit	4066767
General Rehabilitation Unit	4066783
Maples Unit.....	4066782
Larches.....	4066648
Cedars.....	4066651
Oaks.....	4066647
Day Hospital.....	4066663
Rehabilitation Gym.....	4066780
Occupational Therapy.....	4066617
Physiotherapy.....	4066618
Social Work Department.....	4066796
Speech Therapy.....	4066658
Nutrition Department.....	4066694
Volunteers.....	4066675
Pastoral Care.....	4066653
The Friends.....	4066687